

Training Brochure



INFORMING
CHOICES NI

About our training

Informing Choices NI (ICNI) offer a unique portfolio of training.

We believe Relationships & Sexuality Education (RSE) Awareness and Loss & Bereavement training is essential for any individual who wants to play a positive role in the choices people make by giving them factual, non-judgemental and non-directive information.

Through our award winning education and research projects, and over 30 years experience, we offer participants the opportunity to discuss topics normally viewed as taboo, in a safer environment.

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Course code ICNI/01

Cost £100pp

Relationships & Sexuality Education Awareness Training

This training is suitable for anyone who supports people who have a learning disability/difficulty or autistic people.

Aims

- To enable participants to look at what RSE means for them.
- To examine how our values and attitudes can influence our work.
- To enable participants to become increasingly confident in their use of appropriate language when discussing topics concerning sex and sexuality with people who have a learning disability/difficulty or autistic people.
- To examine barriers to the implementation of sexuality topics within their workplace.
- To develop an understanding of the importance of an individual's role around RSE.
- To develop an understanding of the importance of an RSE policy in your organisation.

Course code ICNI/02

Cost £120pp

Programme Development Training

This training is suitable for anyone who supports people who have a learning disability/difficulty or autistic people.

All participants must have completed the Relationships & Sexuality Education Awareness Training. (ICNI/01)

Aims

- To enable participants to identify the need for an RSE programme within their workplace.
- To enable participants to design, plan, deliver and evaluate an RSE programme suitable for people who have learning disabilities/difficulties or autistic people within their own organisation.
- To enable participants to know how to evaluate the impact of programmes on the lives of service users.

Course code ICNI/03

Cost £100pp

Relationships & Sexuality Education Awareness Training

This training is suitable for anyone who supports young people.

Aims

- To enable participants to look at what RSE means for them and their role as an RSE educator.
- To examine how our values and attitudes can influence our work.
- To enable participants to become increasingly confident in their use of appropriate language when discussing topics concerning sex and sexuality.
- To examine barriers to the implementation of sexuality topics within their organisation.
- To gain a better understanding around permission, consent and their own responsibility around safeguarding.

Course code ICNI/04

Cost £120pp

Programme Development Training

This training is suitable for anyone who works with young people.

All participants must have completed the Relationships & Sexuality Education Awareness Training. (ICNI/03)

Aims

- To enable participants to identify the need for an RSE programme within their workplace.
- To enable participants to design, plan, deliver and evaluate an RSE programme suitable for young people within their own organisation.
- To enable participants to know how to evaluate the impact of programmes on the lives of service users.

Course code ICNI/05

Cost £100pp

Adults with Learning Disabilities: Personal & Sexual Relationships Operational Protocol Training

**This training is for Health & Social Care staff
in N Ireland only**

All participants must have completed the Relationships & Sexuality Education Awareness Training. (ICNI/O1)

Aims

- To develop a clear understanding of the regional Health & Social Care protocol.
- To develop a clear understanding of a professional's role and responsibilities in relation to the protocol.
- To develop a clear understanding of own personal and professional boundaries in relation to RSE programmes and their role as an advocate.
- Knowledge of resources available to professionals around RSE.

Course code ICNI/06

Cost £80pp

Making Healthcare Accessible Training

This training is suitable for anyone who works in frontline healthcare services including admin staff.

Individuals with a learning disability/difficulty and autistic people often experience barriers in accessing healthcare.

Everyone is entitled to information and support around their health, including sexual health.

Aims

- Explore values and attitudes and how they can impact on individuals.
- Look at ways in which we communicate information.
- Ensure information is given in a clear manner that individuals will understand.
- Develop staff teams confidence with all of the above.

Course code ICNI/07

Cost £50pp

Loss & Bereavement Awareness Training

This training is suitable for any professional who supports autistic people or people with a learning disability. The training was developed in response to one of the key recommendations made by participants within the Talk Together Project Report: ['It's difficult but it's not rocket science: Discussing death, loss and bereavement with people with learning disabilities and autistic people'](#)

Aims

- To enable participants to look at what loss and bereavement means for them.
- To examine how our values and attitudes towards death, loss and bereavement can influence our work.
- To enable participants to become increasingly confident in supporting people with learning disabilities and autistic people around loss and bereavement.
- To understand the importance of an individual's role when supporting someone around loss and bereavement.

All training programmes can be facilitated for one full day or two half days, in person or online via Zoom.

Training programmes ICNI/01 - ICNI/05 can be completed with or without accreditation.*

All accreditation is through Open College Network. Accreditation NI and will cost an additional £25pp.

*Individual learning hours outside of the training days will be required to complete accreditation.



“OCN have a long-established relationship with Informing Choices NI (formerly FPA). Their team of experienced tutors adapt training to the needs of each client group and have consistently delivered our qualifications to a high standard over the years.”

Martin Flynn
CEO, OCN NI

Some feedback from participants

“Very informative, relaxed learning environment.
Approachable yet professional staff.
Challenged my own fear of objectivity and re-informed
the need for critical thought in our daily practice/lives.”
– Social Worker

“The training was delivered in such a
way as to put us at ease and it felt more like a group of adults
having a conversation than the usual teacher v class dynamic.
Really, really enjoyed it and would highly recommend to
anyone else working in this area.”
- Senior Youth Officer

“The training caused critical reflection
on complex issues and when circumstances arise
I will reflect on the training received today.”
– Nurse

“From time to time I have been approached by parents re how to tell their children about a loved one’s illness/impending death or loss. I feel I now have a greater bank of information, as well as confidence, to share with parents”

– Teacher

“ This training provided me with an understanding of the importance of communication and being clear with the people I support in regards to helping them process and understand the topic of loss and bereavement”

- Family Support Officer

“A great afternoon having hard, challenging but very worthwhile conversations that need to take place in order to be open, learn and give the right support”

– Associate Psychologist

For further information and/or to book
on to any of the training programmes
please contact our

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You can also follow us on social media

<https://www.facebook.com/Ldsupport>

<https://www.instagram.com/justaskld>

www.informingchoicesni.org



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