

LEIDEN (NETHERLANDS) DIRECTIONS

Travelling to the clinic in Leiden is very straightforward.

Fly from Belfast International Airport to Amsterdam Schipol Airport. The airport is easy to negotiate as all signs are in English as well as Dutch and other languages.

To exit Amsterdam Airport follow signs to Arrival Hall and Baggage Hall. You will go through passport control just before you get to the baggage hall. You can collect your baggage if you have some, and then you can exit through the Green, 'Nothing to Declare' doorway.

Once you are in the main concourse area of the airport with shops etc, you can then follow the signs for the train.

Find a ticket point and buy a train ticket for Leiden. All the tellers speak English, so ask which platform the train leaves from, this is generally platform 5 or 6.

The signs for Leiden will be placed at the stairway entrance to the platform. The journey to Leiden takes 15 – 20 minutes.

When you arrive at Leiden train station you can make your way to the main entrance, make sure you exit the station on the same side as the bus terminus.

Look across the road to your right and you will see a flower shop and a supermarket (**Super de Boer**) with a lot of bicycles parked outside. Cross the road keeping these shops on your right. As you continue to walk you will notice a piano shop on your left and pass shops and restaurants on your right.

As you walk will come to the first bridge. Continue straight on. On your right you will pass the **National Museum of Ethnology (RIJKS MUSEUM VOOR VOLKENKUNDE)**. Continue straight on.

You will come to the second bridge. On the left you will pass a hotel and on your right a pharmacy (**APOTHEEK**). This is where you will collect your antibiotics when you leave the clinic. It is very important that you collect your antibiotics. You will also notice a cinema on right beside the pharmacy.

Following the road to the right you will cross a road called **STADSKAART** and walk across the bridge. Follow the footpath and turn to the right. You will pass a little café on the water called **The Lunchroom** – it has a coffee sign over it.

You will come to a third bridge. Continue straight and you will cross a small street called **KORT RAPENBURG**. You will see a bus stop immediately on your left. The front door of the clinic is directly on your right. It is a red building. Reception is on your right as you enter the building.