

# Training Brochure



# About our training

Informing Choices NI (ICNI) offer unique Relationships & Sexuality Education (RSE) training.

We believe Relationships & Sexuality Education Awareness training is essential for any individual who wants to play a positive role in the choices people make by giving them factual, non-judgemental and non-directive information.

Through our award winning education projects and over 30 years experience in Relationships & Sexuality Education we offer participants the opportunity to discuss topics normally viewed as taboo, in a safer environment.

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Course code ICNI/01

Cost £100pp

# Relationships & Sexuality Education Awareness Training

This training is suitable for anyone who supports people who have a learning disability/difficulty or autistic people.

## Aims

- To enable participants to look at what RSE means for them.
- To examine how our values and attitudes can influence our work.
- To enable participants to become increasingly confident in their use of appropriate language when discussing topics concerning sex and sexuality with people who have a learning disability/difficulty or autistic people.
- To examine barriers to the implementation of sexuality topics within their workplace.
- To develop an understanding of the importance of an individual's role around RSE.
- To develop an understanding of the importance of an RSE policy in your organisation.

Course code ICNI/02

Cost £120pp

# Programme Development Training

This training is suitable for anyone who supports people who have a learning disability/difficulty or autistic people.

All participants must have completed the Relationships & Sexuality Education Awareness Training. (ICNI/01)

## Aims

- To enable participants to identify the need for an RSE programme within their workplace.
- To enable participants to design, plan, deliver and evaluate an RSE programme suitable for people who have learning disabilities/difficulties or autistic people, within their own organisation.
- To enable participants to know how to evaluate the impact of programmes on the lives of service users.

Course code ICNI/03

Cost £100pp

# Relationships & Sexuality Education Awareness Training

**This training is suitable for anyone  
who supports young people.**

## Aims

- To enable participants to look at what RSE means for them and their professional role.
- To examine how our values and attitudes can influence our work.
- To enable participants to become increasingly confident in their use of appropriate language when discussing topics concerning sex and sexuality.
- To examine barriers to the implementation of sexuality topics within their organisation.
- To develop an understanding of the importance of an individual's role around RSE.
- Gain a better understanding around permission, consent and their own responsibility around safeguarding..

Course code ICNI/04

Cost £120pp

# Programme Development Training

This training is suitable for anyone  
who supports young people.

All participants must have completed the Relationships  
& Sexuality Education Awareness Training. (ICNI/03)

## Aims

- To enable participants to identify the need for an RSE programme within their workplace.
- To enable participants to design, plan, deliver and evaluate an RSE programme suitable for young people within their own organisation.
- To enable participants to know how to evaluate the impact of programmes on the lives of service users.

Course code ICNI/05

Cost £100pp

# Adults with Learning Disabilities: Personal & Sexual Relationships Operational Protocol Training (NI HSCT staff only)

This training is suitable for anyone who supports people who have a learning disability/difficulty or autistic people.

All participants must have completed the Relationships & Sexuality Education Awareness Training. (ICNI/O1)

## Aims

- To develop a clear understanding of the regional Health & Social Care protocol.
- To develop a clear understanding of a professional's role and responsibilities in relation to the protocol.
- To develop a clear understanding of own personal and professional boundaries in relation to RSE programmes and their role as an advocate.
- Knowledge of resources available to professionals around RSE.



Course code ICNI/06

Cost £80pp

# Making Healthcare Accessible Training

**This training is suitable for anyone who works in frontline healthcare services including admin staff.**

Individuals with a learning disability/difficulty and autistic people often experience barriers in accessing healthcare.

Everyone is entitled to information and support around their health, including sexual health.

## Aims

- Explore values and attitudes and how they can impact on individuals.
- Look at ways in which we communicate information.
- Ensure information is given in a clear manner that individuals will understand.
- Develop staff teams confidence with all of the above.

All training programmes can be facilitated for one full day or two half days, in person or online via Zoom.

Training programmes ICNI/01 - ICNI/05 can be completed with or without accreditation.\*

All accreditation is through Open College Network NI. Accreditation will cost an additional £30pp.

\*Individual learning hours outside of the training days will be required to complete accreditation.



“OCN have a long-established relationship with Informing Choices NI (formerly FPA). Their team of experienced tutors adapt training to the needs of each client group and have consistently delivered our qualifications to a high standard over the years.”

Martin Flynn  
CEO, OCN NI

# Some feedback from participants

“Very informative, relaxed learning environment.  
Approachable yet professional staff.  
Challenged my own fear of objectivity and re-informed  
the need for critical thought in our daily practice/lives.”  
– Social Worker

“The training was delivered in such a  
way as to put us at ease and it felt more like a group of adults  
having a conversation than the usual teacher v class dynamic.  
Really, really enjoyed it and would highly recommend to  
anyone else working in this area.”  
- Senior Youth Officer

“The training caused critical reflection  
on complex issues and when circumstances arise  
I will reflect on the training received today.”  
– Learning Disability Nurse

For further information and/or to book  
onto any of the training programmes  
please contact

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You can also follow us on social media

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[www.informingchoicesni.org](http://www.informingchoicesni.org)



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