

Informing Choices NI Learning Disability/Difficulty & ASD Training

Informing Choices NI offer unique Relationships & Sexuality Education training for individuals working specifically with people with a learning disability/difficulty/ASD

Informing Choices NI believe Relationships & Sexuality awareness training is essential for any individual working within a community setting who wants to play a positive role in the choices people make by giving them factual, non judgemental and non directive information.

Extensive experience and knowledge gained from our regional programmes has helped shape Informing Choices NI training.

Informing Choices NI training offers participants the opportunity to discuss topics normally viewed as taboo, in a safer environment.

Informing Choices NI training offers participants the opportunity to challenge stereotypes.

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Relationships & Sexuality Education Training



www.informingchoicesni.org

www.facebook.com/LDsupport

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**‘Learning is a treasure that will
follow its owner everywhere’
Chinese Proverb**

Relationships & Sexuality Education training programmes

One day Relationships & Sexuality Education Awareness training (This training should be completed before programme development training takes place)

This training is suitable for a range of staff members, for example those working in residential and day care services, community and outreach support roles, care managers, staff in multidisciplinary teams, advocates, GPs, GUM and sexual health clinic staff.

Aims

- To enable participants to look at what Relationships & Sexuality Education (RSE) means for them.
- To examine how who we are can influence our work.
- To enable participants to become increasingly confident in their use of appropriate language when discussing topics concerning sex and sexuality.
- To enable participants to clarify and explain terms relating to sex and sexuality.

Learning outcomes

- Examine barriers to the implementation of sexuality topics within their working environment.
- To reflect on personal and professional values relating to sexuality in general and in the context of their working
- To develop an understanding of the importance of an individuals role around RSE.
- To develop an understanding of the importance of having a sexuality policy in place in your organisation as part of your participation in this project.

One day Relationships & Sexuality Education Programme Development training

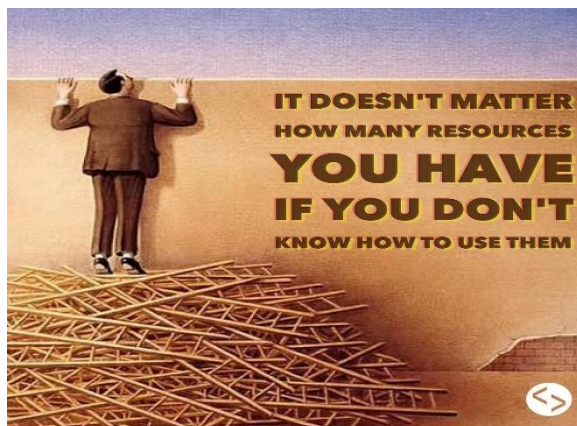
This training is suitable for a range of staff members, for example those working in residential and day care services, community and outreach support roles, care managers, staff in multidisciplinary teams and advocates.

Aim

- To enable participants to plan, deliver and evaluate a Relationships & Sexuality Education programme suitable for people with learning disabilities/difficulties/ASD within own organisation

Learning outcomes

- Know how to identify need, design, deliver and evaluate sessions.
- Know how to identify need, design and deliver a sex, sexuality and relationships programme within own organisation.
- Know how to evaluate the impact of programmes on the lives of service users.



One day Open College Network accredited training. (Individual learning hours outside of the days training will be required to complete the accreditation)

This training is suitable for a range of staff members, for example those working in residential and day care services, community and outreach support roles, care managers, staff in multidisciplinary teams and advocates.

Aim

- To develop an understanding of the regional Relationships & Sexuality Education Protocols for people with a learning disability/difficulty/ASD.

Learning outcomes

- A clear understanding of the regional protocols.
- A clear understanding of professional roles and responsibilities in relation to the protocols.
- A clear understanding of own personal and professional boundaries in relation to Relationships & Sexuality Education programmes for people with a learning disability/difficulty/ASD.
- A clear understanding of the role of an advocate in supporting people with a learning disability/difficulty/ASD around the issue of Relationships and Sexuality.
- A clear understanding of resources available to professionals.